

CITY OF DAVIS EXPOSURE GUIDELINES

This table and information is meant to act as a framework to how the City of Davis will respond to exposures and confirmed cases of COVID-19.

Please note: If you have had an exposure or are experiencing symptoms related to COVID-19 – notify your supervisor immediately. Supervisors – notify Human Resources immediately.

	<u>A</u>	<u>B</u>	<u>C</u>
	What do I do if I have a fever over 100 F or other symptoms ⁶ identified with COVID-19?	What do I do if I've been diagnosed with COVID-19?	What do I do if I <u>have had</u> close contact with someone exhibiting symptoms ⁶ identified with COVID-19 or with confirmed COVID-19 during their infectious period ⁵ . (see "close contact" definition ¹)
Step 1	Do not come to work!	Do not come to work!	Do not come to work!
Step 2	Call your Supervisor; Supervisor call HR	Call your Supervisor; Supervisor call HR	Call your Supervisor; Supervisor call HR
Step 3	Continue to monitor your symptoms –You are <u>strongly</u> encouraged to get a COVID-19 test. You will be asked to identify persons with whom you were in close contact ¹ at work.	You will be asked to identify all persons with whom you were in close contact ¹ at work.	You will be asked to identify all persons with whom you were in close contact ¹ at work.
Step 4	You must self-quarantine ² ; may return when 10 days have passed since symptoms first appeared AND at least 24 hours since recovery ⁴	If no symptoms ⁶ : isolate ³ for 10 days following positive test, assuming no symptoms develop. If symptoms: isolate ³ until at least 24 hours have passed since recovery ⁴ AND at least 10 days have passed since symptoms started	You must self-quarantine ² for a period of 10-days.* You are <u>strongly</u> encouraged to get a COVID-19 test (5-7 days following exposure). If any symptoms ⁶ (<u>even mild</u>) develop, must self-quarantine ² as noted in Column A
Step 5		Isolation ³ period may end upon conclusion of period noted in Step 4 with no additional symptoms	After the 10-day self-quarantine ² period, you are to self-assess your symptoms – if symptom ⁶ free, you may return to work; must wear face covering and maintain at least 6 feet of distance from others through day 14. Must continue to self-monitor and if symptoms develop, self-quarantine ² immediately.

Definitions

¹ Exposure/Close Contact: prolonged (15 minutes or more cumulative over 24 hours) and close (within 6 feet) contact with an individual who has tested positive for COVID-19 or has symptoms associated with COVID-19 during the individual's infectious period⁵. (ref. Yolo County Health).

² Self-Quarantine: Restricts the movement of people who were exposed. Exposed people are to stay at home, visitors are discouraged, monitor their health (for symptoms) and separate from others in the household. Standard self-quarantine period is at least 10 days from symptom onset or last date of exposure AND 24 hours since recovery⁴; 7 days by exception. **

³ Isolation: Separate people who are infected with the virus with or without symptoms. They should stay home and be restricted to a "sick room" or area that is separate from the rest of the household and use a separate bathroom if available. Visitors are not allowed.

⁴ Recover/Recovery: Resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (ie: cough, shortness of breath)

⁵ Infectious period: commences 48 hours before symptoms began (or, in the absence of symptoms, 48 hours before the date of administration of a positive test) until 10 days following symptom onset (or, in the absence of symptoms, 10 days following administration of a positive test).

⁶ COVID-19 Symptoms: (Note that symptoms may appear 2-14 days after exposure to the virus.) People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea (per the CDC guidelines www.cdc.gov)
- Social Distancing: Maintain at least 6 feet from other people.
- High-risk individual: Employees 65+ (CDC guidance) and employees with certain underlying medical conditions including lung and respiratory diseases. High-risk individuals may request additional accommodation for personal safety; contact Human Resources.
- Essential Worker* – all City of Davis employees are deemed essential workers.

*Essential Workers - Where 10-day self-quarantine would compromise essential operations, the City may determine that some employees who A) did not require hospitalization or B) are critical workers, may return to work sooner than 10 days by considering certain criteria specific to the workplace and employee such as:

- The employee is able to wear a surgical mask throughout the work day, except while eating, and comply with all infection prevention procedures. A cloth face covering may also be used in the event of mask shortage.
- The facility has implemented all best practice infection prevention procedures, as determined by the local health department.

- Pre-screening to assess employee temperature and symptoms prior to starting work has been implemented, ideally before entering the facility.
- Employee is able to self-monitor for temperature and symptoms at home and work.
- Employee is able to maintain a minimum of six feet of distance from other employees in the workplace. Of note, six feet does not prevent all transmission of SARS-CoV-2.
- Physical barriers are in place between fixed employee work locations to supplement distancing.
- Cleaning and disinfection of all areas and shared equipment can be performed routinely in the workplace.

****Exceptions to 10-day quarantine:**

- Applicable to emergency responders (sworn fire and sworn police, dispatchers)
- Asymptomatic close contacts who are emergency responders may discontinue quarantine 7 days after the date of last exposure if a PCR test performed after day 5 post-exposure provides a negative result.
 - Only applicable during staffing shortages
 - Must wear surgical face mask at all times during work after last exposure through 14 days after last exposure.
 - Are only released from quarantine to work and to travel to and from work and must otherwise quarantine for 10 days as noted above.

Step 2 & 3 Information:

Upon notification of a possible exposure, Human Resources will consult with the EOC Safety Officer or County Health as needed, to assess the specifics of the situation. Next steps may include:

- Closure of immediate work area if employee has been at the workplace within 48 hours of confirmed case or exhibiting symptoms
- Contacting exposed/confirmed employee to discuss recent actions and contacts in the workplace.
- Notification of employees who have had close contact with individual exhibiting symptoms or confirmed diagnosis.
- Notification to cleaning service for additional decontamination of immediate work area as well as other areas deemed at risk.
- Notification of those determined to have possibly been in the same worksite area during the infectious period though not in close contact (for self-monitoring purposes, no quarantine).

Confidentiality:

Where notification is made to other employees of possible exposure, identity of confirmed/symptomatic individual will not be disclosed.

No Retaliation:

Employees shall not be subjected to retaliation or harassment as a result of communicating possible exposure information or being subject to quarantine or isolation.

Additional Information:

These guidelines are subject to change as new guidance is received. For additional information go to the Center for Disease Control website: www.cdc.gov

For the most recent Yolo County Order and information: <https://covidtesting.yolocounty.org>